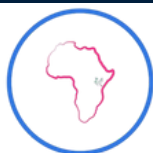




DIABETES AND ORTHO CARE PHARMACEUTICAL SPECIALISTS LTD



Diabetes And Ortho Care
Pharmaceutical Specialists Limited

NEWSLETTER

FIRST EDITION

CONTENT



Diabetes And Ortho Care
Pharmaceutical Specialists Limited

MESSAGE FROM THE DIRECTORS



Grace Kagume

Co-founder and Director

As we reflect on 2025, we are proud of the significant growth achieved at DOP Ltd marked by expanded reach, increased public visibility, and meaningful progress in advancing diabetes care. This year affirmed that lasting impact is built when technology is strengthened by education, partnerships, and empathy. A belief reinforced by our selection for the Villgro Africa grant to support the scale-up of our work. Thanks to our healthcare partners, policymakers, and stakeholders whose support continues to bring care closer to those who need it most.

2025 was a year of purpose, growth, and tangible impact for DOP Ltd, as we worked together to improve access to diabetes technology and education across Kenya. None of this progress would have been possible without the dedication of our healthcare partners, clinicians, and collaborators who share our vision for equitable care. We extend our heartfelt gratitude to people living with diabetes who place their trust in us every day. Their lived experiences continue to guide our work and DOP's commitment to patient first approach.



YVONNE KIARIE

Co-founder and Director



ABOUT DOP LTD

WHO WE ARE

Diabetes and Ortho Care Pharmaceutical Specialists (DOP)Limited is a Nairobi-based diabetes technology company founded in 2022. We focus on improving quality of life for people living with diabetes through access to innovative diabetes care solutions.

WHAT WE DO

We provide Continuous Glucose Monitoring (CGM) devices, diabetes accessories, alongside hands-on training, data interpretation, and ongoing technical support.

HOW WE WORK

We collaborate closely with clinicians, patients, families, and caregivers to deliver end-to-end diabetes care. We facilitate capacity building for healthcare providers as well as patient education.

WHAT DRIVES US

At the heart of our work is a commitment to improving lives of people living with diabetes. We restore patient confidence and support data driven lifestyle integration.

HIGHLIGHTS ANNUAL DMI GOLF

DOP Ltd was proud to take part in the Annual Diabetes Golf Tournament hosted by the Kenya Diabetes Management & Information Centre (DMI), a signature event that brings together healthcare stakeholders, corporate partners, and advocates in support of diabetes care.

Beyond the game, the tournament created a powerful platform for engagement, uniting participants around a shared cause. It provided an opportunity to raise awareness on diabetes while mobilizing resources to support education, prevention, and improved access to care. The event also fostered meaningful connections and strengthened partnerships within the diabetes ecosystem. We were honoured to receive a trophy, a recognition of teamwork and dedication to advancing diabetes care.



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A DECADE IN DIABETES CARE

10TH KDSG CONFERENCE



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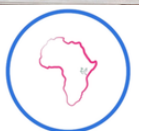
In May 2025, DOP Ltd participated in the **10th Annual Scientific Conference** hosted by the **Kenya Diabetes Study Group (KDSG)** in Naivasha. Held under the theme “**A Decade in Diabetes Care,**” the conference provided an important opportunity to reflect on progress made in diabetes management while examining priorities for the years ahead. The conference brought together clinicians, researchers, and healthcare professionals from across the country, united by a shared goal: improving outcomes for people living with diabetes and related NCD’s.



10TH KDSG CONFERENCE

As a company committed to advancing diabetes technology, DOP Ltd was proud to contribute to conversations helping shape the future of diabetes care, while exchanging ideas and exploring innovations set to define the next decade of treatment and technology.

In addition to the scientific programme, the conference offered moments of connection and celebration. Lively discussions, shared laughter, and a vibrant gala dinner created a relaxed space for meaningful networking. These professional and social interactions strengthen innovation, collaboration and commitment to advancing evidence based diabetes care.



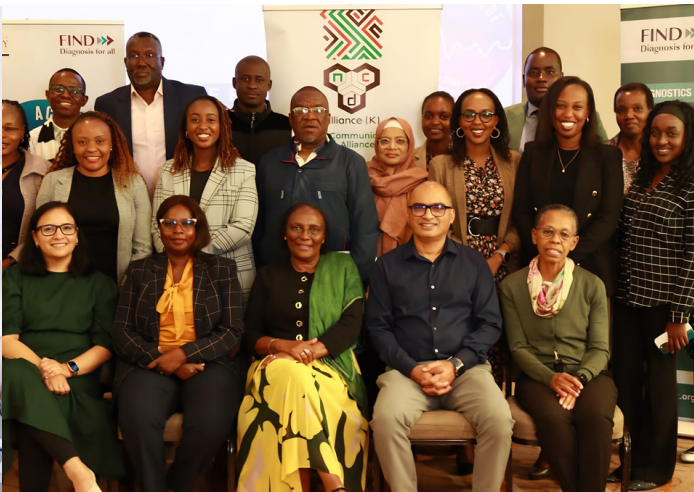
AWARENESS & ADVOCACY



July 2025 began on a high note with our participation in the Annual Diabetes Walk hosted by the Kenya Diabetes Management and Information Centre (DMI).

The walk brought together patients, families, healthcare professionals, and partners united by a shared goal: raising awareness about diabetes while mobilizing support to provide insulin for children living with the condition. Moments like these remind us that beyond innovation, compassion remains at the heart of meaningful diabetes care.

DOP Ltd actively contributed to shaping the diabetes agenda through participation in the National NCD Conference and the NCD Alliance Kenya Annual General Meeting, engaging in policy and financing discussions to expand equitable access to Continuous Glucose Monitoring (CGM). Advocacy efforts carried into World Diabetes Day, under the theme “**Diabetes and Wellbeing in the Workplace.**” DOP also had the pleasure of participating in the KDSG sports day, promoting wellness, teamwork, and community engagement.



KTN MEDIA INTERVIEWS



DOP Ltd advanced public health advocacy on national television, highlighting how technology, especially Continuous Glucose Monitoring (CGM), transforms daily diabetes management. A client's live testimonial showcased the practical benefits and peace of mind CGM provides. We also showcased how digital payment solutions, such as Safaricom's mobile money services, can reduce barriers to access. These engagements enabled us to raise awareness, reach wider audiences, and promote more accessible, patient-centred diabetes care.



#HealthAndWellness
KTN Home
@ktnhome_username: KTN ENTERTAINMENT
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HEALTH AND WELLNESS

With **Chebete Birir**

TECH & TYPE 1 DIABETES MANAGING LIFE SMARTER

SUNDAY | 7th SEPT. 6.00PM

GUESTS

LINDA KAVULANI
Patient

DR. DAVIS OMBUI
Consultant, Physician and Endocrinologist - AKUH

YVONNE WAMBUI KIARIE
Co-Founder and Dir. Diabetes and Orthocare Limited

Watch us on: Startimes Ch.522 | Bamba Ch.2 | DSTV Ch.274 | Signet Ch.186



VILLGRO AWIIH COHORT 2

DOP Ltd was selected for the Villgro Africa Business Incubation Programme under the African Women Innovating in Healthcare (AWIIH) Cohort 2, a programme supporting women-led healthcare innovations across Africa. Villgro Africa is a leading health incubator that provides funding, mentorship, and strategic support to scale impactful solutions. Through this programme, DOP Ltd was awarded a grant to support business growth, strengthening our ability to expand access to diabetes care across Kenya and beyond.

COMPANY



**Diabetes And Ortho Care
Pharmaceutical Specialists Limited**

COUNTRY

Kenya 

D.O.P Ltd is a Nairobi-based healthcare company tackling Africa's diabetes crisis through Continuous Glucose Monitoring (CGM) and diabetic foot care. By integrating pharmaceuticals, medical technology, and healthcare expertise, they deliver patient-centered solutions that improve outcomes and reduce complications. Beyond technology, they advance health education, community awareness, and sustainable healthcare models, driving long-term wellness across the continent.




»» CO-FOUNDERS

Yvonne Kiarie & Grace Kagume



PARTNERSHIPS

From Nairobi to Johannesburg!

October 2025 began with cross-border engagements in Johannesburg, where DOP's co-founders held strategic discussions with **VitalAire Diabetes South Africa** as well as **Centre for Diabetes and Endocrinology**. The focus was on leveraging Continuous Glucose Monitoring (CGM) and insulin pump solutions to strengthen patient-centred care and improve outcomes. The visit also created opportunities for collaboration, knowledge exchange, and learning from advanced diabetes care models.



Beyond the webinar, DOP extended its impact through digital engagement, leveraging social media platforms to raise awareness about diabetes and the role of CGM in modern care. By combining education, expert collaboration, and accessible information, we continue to empower both clinicians and patients to make more informed, data-driven decisions in diabetes management.



2026 AT A GLANCE



Building on the foundations of 2025, DOP Ltd begins 2026 with renewed focus and purpose, aiming to expand access to Continuous Glucose Monitoring (CGM) and reach more communities across Kenya and beyond.

Collaboration will drive our progress. Through strategic partnerships, including with Villgro Africa, we will implement initiatives that improve affordability, strengthen delivery models, and broaden access to CGM.

Capacity building remains vital to our work, as we continue equipping people living with diabetes to use CGM effectively and integrate data-driven insights into daily life. To amplify advocacy efforts, we have initiatives such as diabetes awareness hikes to Mt. Kenya and Mt. Kilimanjaro to mobilize funds for under-privileged children living diabetes.





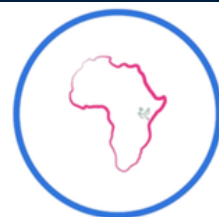
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Credits: Design & Layout: DOP Ltd Photography: DOP Ltd & Partners

Acknowledgement: We extend our appreciation to our team, partners, healthcare professionals, and clients who contributed to the stories and impact shared in this edition.



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